Personal Development

# Course Overview

* **Exam Board** – N/A
* **Usual Age Range** – 14-18
* **Qualification** – N/A
* **Curriculum Time** – One 50 minute lesson per week
* **Assessment** – Personal Development is not an examined subject and therefore is not formally assessed. Students will be informally assessed through pre and post surveys, half-termly quizzes and in-class progress checking.
* **Grading** – N/A
* **Full specification** – N/A. See government guidance on Personal, Social, Health and Economic education here: <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe> and Relationships and Sex Education here: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

# Curriculum Intent

The **intent** of the Personal Development curriculum is to give UTC students an opportunity to develop their understanding of Personal, Social, Health and Economic (PSHE) education including Relationship and Sex Education (RSE). The intent is to ensure students have useful knowledge, understanding and skills that can be applied to real life scenarios in order that students feel confident to make safe, respectful and informed choices.

The further intent of the Curriculum is to enhance understanding of protected characteristics and Fundamental British Values.

Students are encouraged to develop their **love of reading** and **literacy skills** on this course by reading and analysing related texts and by engaging in structured classroom debate.

Students are encouraged to develop their **numeracy** on this course through teaching on money management.

Personal Development supports **careers** through a focus on wellbeing, resilience, interview skills and preparation for work experience.

# Study Tips

Personal Development is not an examined subject. More information on the subjects covered in Personal Development can be found here:

* Government guidance on Personal, Social, Health and Economic education: <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>
* Relationships and Sex Education: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>
* PSHE Association: <https://www.pshe-association.org.uk/>

# Curriculum Overview

The learning in Personal Development is sequenced as follows.

*Note: the full Curriculum Plans are available on request to* *info@nefuturesutc.co.uk*

Year 10:

Year 11:

Year 12: