

First Aid Policy

North East Futures UTC has been established to change the education, skills and employment paradigm in our IT and Healthcare Science sectors in the North East. It provides the opportunity for young people from all the communities in this region to benefit from its specialist provision.

Local Governors and all the North East Futures staff are committed to a policy of equality and aim to ensure that all students, employees, job applicants, other member of the school community and visitors are treated fairly and with respect.

We aim to give equal access to the high quality educational opportunities we provide and to ensure that everyone feels that they are a valued member of the school community. We seek to create a safe and happy environment where all our students can flourish and where social and cultural diversity are celebrated.

Reviewed by:	Principal and Local Governing Body
Frequency of policy review:	Annual
Lead Sub Committee for discussion:	Educational Standards
Last Reviewed:	November 2019
By Dan Sydes	MMM
Ratified by Local Board of Governors on:	22 November 2019
By Michael Whitaker	Madel .

1. General Policy Statement

North East Futures UTC is committed to providing suitable and sufficient first aid provision. All staff will be made aware of the procedures to be adopted in the event of injury or medical emergency.

An assessment of first aid needs will be completed to ensure adequate first aid provision is available including competent persons, appropriate equipment and suitable facilities

An appointed First Aider will be responsible for the maintenance of the first aid boxes and their contents.

All members of staff will be advised who their First Aider is, how to contact them and the location of first aid equipment and signage will provide this information on each floor.

All First Aiders will be required to provide first aid assistance within the limits of that which they are competent to do.

In the event of injury or illness resulting in first aid being administered, the First Aider will ensure that a record is made in respect of first aid treatment. A judgement will be made by the First Aider in cases where it is a minor injury, i.e. a paper cut which requires a plaster, if this needs to be logged as in incident to minimise time spent on paperwork for staff. The First Aider will, through appropriate training, ensure that any injury or illness which is required to be reported, in accordance with RIDDOR, is notified to the responsible person for reporting purposes.

2.0 Statement of First Aid Organisation

The school's arrangements for carrying out the policy extends to the employer and the employees and are detailed below.

2.1 The Employer

Health and Safety legislation places duties on employers for the health and safety of their employees and anyone else on their premises. This includes responsibility for the Senior Leadership Team, teachers, non-teaching staff, students and visitors (including contractors). The employer at North East Futures UTC is the Board of Trustees of the UTC with delegated authority from the Board of Trustees of the Tyne Coast Academy Trust that they are a part of.

The employer is responsible, under the Health and Safety at Work Act 1974 (HSWA), for making sure that a school has a health and safety policy. This should include arrangements for first aid, based on a risk assessment of the school, and should cover:

- number of First Aiders/appointed persons;
- numbers and locations of first aid containers;
- arrangements for off-site activities/trips;
- out of hours arrangements e.g. sports matches, parents evening.

Additionally, the employer should ensure that:

- all accidents are reported, recorded and where appropriate investigated
- all occasions when first aid is administered to employees, students and visitors are recorded with exception to very minor injuries i.e. paper cut
- the school premises are equipped with apparatus and materials to carry out first aid treatment
- arrangements are made to provide training to employees, records are maintained of that training and reviewed annually
- a procedure for managing accidents in the school which require first aid treatment is established
- employees are provided with information regarding the arrangements for first aid
- a risk assessment of the first aid requirements of the school is undertaken.

If the school has any out of hours lettings to third parties the letting agreement should state whether or not any first aid provision will be made.

2.2 The Local Governing Body

The Local Governing Body is required to:

- have a First Aid Policy;
- review the policy annually;
- ensure that the Principal has the resources to implement the policy;
- monitor the implementation of the policy.

Additionally, the Governing Body accept their responsibilities towards non-employees. In order to provide first aid for students and visitors, the Governing Body will undertake a risk assessment to determine, in addition to the Appointed Person, how many persons with a First Aid at Work certificate of competence are required.

2.3 Employees

All employees are required to:

- Comply with their employers' arrangements for first aid
- Report any adverse events which could give rise to or have resulted in an accident

Teachers' conditions of employment do not include giving first aid, although any member of staff may volunteer to undertake these tasks. Teachers and other staff in charge of students are expected to use their best endeavours at all times, particularly in emergencies, to secure the welfare of the students at the school in the same way that parents might be expected to act towards their children. In general, the consequences of taking no action are likely to be more serious than those of trying to assist in an emergency.

3. Arrangements for First Aid

3.1 Materials, equipment and facilities

The school will provide materials, equipment and facilities as set out below.

First Aid Boxes/Kits

The School must provide at least one full stocked first aid container for the site. Additional first aid containers will be needed for split-sites/levels, remote sports fields or playgrounds, any other high-risk areas and any off-site activities. First aid kits should be BS8599 compliant or based on the outcome of your site specific first aid needs assessment. First aid boxes/kits will contain the following items as a minimum:

Contents of British Standard Compliant (BS 8599-1) First Aid Kits

Contents	<u>Small</u>	<u>Medium</u>	<u>Large</u>	Travel
F/A guidance leaflet	1	1	1	1
Medium sterile dressing	4	6	8	1
Large sterile dressing	1	2	2	1
Triangular dressing	2	3	4	2
Safety pins	12	12	24	12
Eye dressing	2	3	4	1
Adhesive dressings	40	60	100	20
Sterile wet wipe	20	30	40	4
Microporous tape	1	1	1	1
Nitrile gloves - pair	6	9	12	1
Face shield	1	2	3	1

Foil blanket	1	2	3	1
Burn dressing 10 x 10cm	1	2	2	1
Clothing shears	1	1	1	1
Conforming bandage	1	2	2	1
Finger dressing	2	3	4	0
Sterile eyewash 250ml	0	0	0	1

This first aid container shall be:

- maintained in a good condition;
- suitable for the purpose of keeping the items referred to above in good condition;
- readily available for use; and
- prominently marked as a first aid container.

In addition to the items set out for the first aid box the following items will be provided:

- Hand gel cleaner
- Disposable drying materials.
- Plastic bowls one for cleaning wounds and one for cleaning vomit, excreta, etc.
- Disinfectant/household bleach or similarly effective solution one part to ten parts water for cleaning sinks and bowls and soiled surfaces.
- Yellow biohazard bags for disposing of clinical waste (see section 7b).
- Hazardous items will be secured from access by students.

Due to the School operating a prescribed medication only policy, if a student requires non-prescribed medication for symptoms such as dysmenorrhoea (period pains), the parent / carer should be contacted by a First Aid trained member of staff for arrangements to be made for the Parent / Carer to attend the school and administer the non-prescribed medication to the student if the Parent / Carer deems this necessary to do so.

Where non-prescribed medicine is administered to a student by the Parent / Carer on the school premises a record will be kept stating the medication dosage, time administered, by whom and the reason; the Parent / Carer must sign the form.

The availability and contents of the first aid box(es) and other medical supplies will be checked on a regular basis by a designated First Aider/Appointed Person. They will also be responsible for all record keeping including:

- keeping first aid signage up to date
- maintaining an inventory of the location of first aid boxes/supplies
- recording when first aid boxes were checked for sufficient and in-date supplies
- risk assessments and COSHH assessments relating to first aid (bodily fluids, antibacterial hand gel, disinfectant, etc.)
- ensuring that first aiders are still qualified to carry out their duties and certificates are in-date
- ensuring all first aiders are aware of the First Aid Policy, Medical Conditions and Administering Medication Policy
- ensuring all first aiders are aware of procedures/documentation operating in the Medical Room and their responsibilities.

Medical Room

In compliance with The Education (School Premises) Regulations 1996 the Governing Body will ensure that a room will be made available for medical treatment. This facility will contain the following and be readily available for use:

- sink with running hot and cold water
- drinking water (if not available on mains tap) and disposable cups
- paper towels
- smooth-topped working surfaces
- a range of first aid equipment (at least to the standard required in first aid boxes) and proper storage
- chair
- a couch or bed (with waterproof cover), clean pillow and blankets
- soap
- clean protective garments for first aiders
- suitable refuse containers (foot operated) lined with a clinical waste bag, including separate sharps disposal units
- Hand gel cleaner
- an appropriate record-keeping facility
- a means of communication, e.g. telephone.

3.2 Appointment of First Aid Personnel

The appointment of first aiders within the School will be calculated in accordance with the first aid risk assessment provided at Appendix 1.

Unless first aid cover is part of a staff member's contract of employment, those who agree to become First Aiders do so on a voluntary basis.

In determining who should be trained in first aid the Principal will consider each individual against the following criteria:

- reliability and communication skills;
- aptitude and ability to absorb new knowledge and learn new skills;
- ability to cope with stressful and physically demanding emergency procedures;
- ability to leave normal duties to go immediately to an emergency.

Appointed Persons

The Principal will appoint a member of staff to be the Appointed Person. The duties of the Appointed Person are to:

- take charge when someone is injured or becomes ill
- look after the first aid equipment e.g. restocking the first aid containers

• ensure that an ambulance or other professional medical help is summoned when appropriate.

Appointed persons are not always First Aiders. They should not give first aid treatment for which they have not been trained. However, it is good practice to ensure that appointed persons have emergency first aid training/refresher training as appropriate.

First Aid at Work Certificate

This qualification is obtained through a 3-day course approved by the Health and Safety Executive, and after the attendee has successfully completed an assessment. Holders of this qualification are normally referred to as First Aiders. At the school the main duties of a First Aider are to:

- give immediate help to casualties with common injuries or illness and those arising from specific hazards at the school;
- ensure that an ambulance or other professional medical help is called if it is deemed necessary.

The role of the qualified First Aider includes the treatment of any person on the school site/premises whether or not they are an employee, student, contractor or member of the public.

Emergency First Aid at Work

Emergency First Aid at Work is an HSE approved one day course which provides basic lifesaving first aid and guidance on workplace health and safety regulations. The course is ideal for smaller workplaces which present few health and safety risks.

Rescue and Emergency Care

There are other HSE recognised first aid qualifications which are specialised for particular circumstances. Many of these are designed for use where access to medical emergency services are limited and where the welfare of the injured may depend on immediate treatment.

These are particularly useful for off-site visits and most outdoor activity qualifications are only valid with up to date specific first aid qualifications.

They are normally gained through intensive 2- or 3-day practical courses and are renewable every 3 years.

General Points

- First Aid at Work certificates are only valid for three years. The school must arrange refresher training and retesting of competence before certificates expire. If a certificate expires, the individual will have to undertake another full course of training to become a First Aider.
- Records of First Aiders certification dates and dates of additional specific or refresher training should be kept in a file within the school.

3.3 Information on First Aid arrangements

The Principal will inform all employees at the school of the following:

- the arrangements for recording and reporting accidents
- the arrangements for first aid
- those employees with qualifications in first aid
- the location of first aid boxes.

In addition, the Principal will ensure that signs are displayed throughout the school providing the following information:

- names of employees with first aid qualifications
- location of first aid boxes.

All members of staff will be made aware of the First Aid Policy.

3.4 Assessment of First Aid Requirements

The <u>minimum</u> number or basic level of first aid provision is calculated using a risk assessment (see Appendix 1), taking into account factors such as:

- staff and/or students with disabilities or special health needs
- age range of the students
- activities undertaken during school session times
- materials and equipment to which students have access
- number of students on site
- the number of buildings on the site.

However, schools must give additional consideration to the following factors when determining the level of provision:

- the arrangements when a qualified first aider is not on site due to absence/training
- the design/layout of the site/premises is such that staff who are trained in emergency first aid should be readily available
- first aid requirements for educational visits and journeys, break and lunchtimes

Therefore, there will often be more first aiders than are required by the risk assessment.

3.5 Record Keeping

The school will organise first aid training from a provider agreed through the School. Additionally, there may be employees who may come into a post who already hold a first aid qualification. In such cases, the School needs to be notified of these employees, the qualification they hold and the date of its expiry. Information in relation to First Aid training should be recorded on the North East Futures UTC Training Matrix.

4. Accident Reporting

The Governing Body will implement the North East Futures UTC Procedures for reporting:

- all accidents to employees
- all incidents of violence and aggression.

The Governing Body is aware of its statutory duty under The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 (RIDDOR) in respect of reporting the following to the Health and Safety Executive as it applies to employees.

Detailed guidance on the reporting of accidents can be found on the Health and Safety Executive website.

5. Student accidents involving Head Trauma

The Governing Body recognise that accidents involving the student's head can be problematic because the injury may not be evident (e.g. internal) and the effects only become noticeable after a period of time.

- Where a student receives a blow to the head as a result of an accident, a bump note will be completed.
- Where emergency treatment is not required the Form NEF1 Bump Note, will be sent to the parents after a member of staff have spoken to them informing them of the accident to their child.

6. Transport to Hospital or Home

The Principal will determine what is a reasonable and sensible action to take in the circumstances of each case.

Where the injury is an emergency an ambulance will be called following which the parent will be called.

Where hospital treatment is required but it is not an emergency, then the Principal will contact the parents for them to take over the responsibility of the child.

If the parents cannot be contacted, then the Principal may decide to transport the student to hospital.

Where the Principal makes arrangements for transporting a child then the following points will be observed:

- only staff cars insured to cover such transportation will be used
- no individual member of staff should be alone with a student in a vehicle
- the second member of staff will be present to provide supervision for the injured student
- at least one member of staff will be the same gender as the student

7. Associated Advice

Emergency Dental Care

The Community Dental Services offer the following guidance on procedures to be followed when a child has a tooth displaced during an accident at school. The advice, if followed, may well prevent the disfigurement of a child by the loss of a front tooth.

Emergency First Aid following trauma to the teeth

Dentists advise that following trauma to the mouth it is important that the child is assessed by a dentist as soon as possible, even if there is no apparent damage to the teeth.

This treatment may be provided by the child's dentist, by the Community Dentist at the nearest Community Dental Clinic, or by any other dentist who can be contacted and is willing to provide immediate treatment.

It is not advisable to attend hospital for the urgent dental treatment required as valuable time may be lost during travelling or waiting while more serious accident cases are treated.

When one or more of the permanent front teeth are completely knocked out immediate first aid is essential for successful treatment. The advice does not apply to teeth with broken roots or baby teeth, neither of which should be re-implanted.

- Pick the tooth up carefully by the crown the shiny part which is usually visible in the mouth.
- If the tooth looks quite clean do not worry about further cleaning, but if it has been badly contaminated with dirt or mud, GENTLY wash under warm tap water or milk. Do not scrub or apply any form of disinfectant.
- Next, push the tooth gently back into the socket, still holding the crown only. If this is done quickly it is not usually painful. Get the child to bite on a clean handkerchief to hold the tooth in place and accompany the child to the dentist immediately.
- Do not store the tooth in water, or disinfectants such as Savlon or Milton. Store the tooth in milk.
- Do not wrap the tooth in a wet or dry handkerchief.
- Get to the dentist as soon as possible.

If the tooth has been stored in milk it may be possible to implant up to twelve hours after the accident. However, chances of success are greatest within thirty minutes and are still high up to two hours later.

After receiving dental treatment, if anti-tetanus protection is required, the child will need to attend the family doctor.

Further information, if required, may be obtained by contacting the Community Dental Service.

Blood Spillages and bodily fluids (including vomit)

A COSHH assessment should be obtained and displayed with the supplies for dealing with body fluids and clinical waste. The procedure for dealing with bodily fluids is:

- put on plastic apron and Nitrile gloves
- place paper towels over spillage
- gently pour disinfectant (Phoraid is the solution currently recommended) on to the paper towels
- for carpets use soap and hot water as some disinfectants will bleach
- wash gloved hands and leave the solution as directed on the label
- pick up towels (with gloves) and place in a plastic bag
- wash the area thoroughly with detergent and hot water, then dry
- place all used towels in a plastic bag, wash gloved hands, place gloves in bag and seal, and ensure bag is sent for incineration
- wash hands.

Clinical Waste and Contaminated Injuries

Clinical waste is disposed of in yellow bags as this colour identifies the contents as bodily fluids or waste. The schools' clinical waste and hygiene services which collect sanitary waste can be asked to provide larger bins for nappies and body fluids.

If it is thought that biological pathogens have entered the body via a contaminated injury, the guidance on infection Control in Schools and other Childcare settings should be referred to.

Contaminated injuries include:

- Human bites
- Scratches by humans
- Injuries caused by an object contaminated with visible blood
- Needlestick injury/injury with a needle
- Exposure to blood borne viruses (e.g. hepatitis B, hepatitis C, Human Immunodeficiency Virus (HIV))

Educational Visits

The provision of adequate first aid cover should form part of the essential risk assessment involved in organising any off-site activity.

- Where the trip is extended or remote in nature, or the likelihood of injury is higher, a qualified First Aider should accompany the group.
- Where journeys are close to populated areas, or the likelihood of injury is minimal, then an appointed person or someone with a working knowledge of first aid procedures should accompany sports or field trips and other school journeys, and a travelling first aid kit should be provided.

• The planning for such journeys will include what to do in case of accident and emergency (see Educational Visits and Journeys Guidance).

Access for Ambulance

Unobstructed and adequate access should be maintained for ambulances and for ambulance staff and their equipment. Suitable signs should be displayed if deemed appropriate.

Hospital Consent Forms

It is unlikely that school staff who take students to hospital after accidents will be asked by the hospital to sign consent forms but if asked they must decline.

The hospital will have procedures for obtaining consent from other sources if the parents are not available.

Religious Considerations

Due to religious convictions, some families choose to decline certain medical procedures or treatments. If this is made known to the school, students' records should have an appropriate entry regarding this, and this should be known to the First Aider or teacher who may have the duty of taking the child to hospital in emergency if the parent is not available.

Other Users of the Premises

The Principal should encourage mutual cooperation and assistance between the other users of the premises (for example Sodexo Catering and FM Cleaning Services) and the school in first aid matters.

Contractors may have their own First Aiders or Appointed Persons. The school and the contractors should co-operate and exchange information about First Aiders, etc. in case there is a need for help and assistance in an emergency.

Similarly, the Principal should inform those hiring the premises where the First Aid facilities are.

Children with Medical Conditions

There are children in mainstream schools and special schools who may have particular medical conditions where the administering of first aid may require variation. Such children should be subject to an individual care plan and may require special procedures in the event of an accident.

Contaminated Injuries

Additional, specific advice on dealing with contaminated injuries is available from hpa.org.uk website.

8. Provision away from the school

Provision of first aid away from the school site is part of the arrangements under visits and journeys. The level of first aid provision is an integral part of the risk assessment process.

The provision of first aid will reflect whether the visit or journey is deemed to be low, medium or high risk.

Factors which will determine the level of risk will include:

- means of transport
- whether the visit is to a remote location or an establishment with first aid provision
- nature of any activities the students might be involved in
- estimated time for emergency services to arrive.

A risk assessment is by its very nature, a response to a number of variables, and as such it is impossible to provide a table that details the level of first aid provision to a specific visit or journey. Some examples are:

Low risk - walking a class from the school to a nearby building.

In such a case carrying first aid provisions would not appear to be necessary. The important factor would be the need to summon assistance in the event of any accident (e.g. road traffic collision). A mobile phone would be an appropriate risk management control.

Medium Risk - sports activity after hours

In this case the risk of personal injury is increased and therefore it would be expected that first aid provisions would be available, and the member of staff would have a knowledge of first aid, such as the Emergency First Aider at Work certificate.

High Risk - an adventurous activity where the group leader is a member of the school staff

In order to undertake this activity, the group leader would normally hold a nationally recognised qualification, which requires the possession of a first aid qualification enabling them to administer first aid.

They should carry an appropriate first aid kit throughout the activity.

The attainment of the Rescue and Emergency Care first aid qualification may be appropriate for staff who organise or accompany educational visits on a regular basis.

In any case where a school is uncertain of the level of first aid provision, they should seek advice from your local Educational Visits Coordinator from your Local Authority SLA service.

This form is to assist Principals in determining the number of appointed persons/first aiders required by The Health and Safety (First Aid) Regulations 1981 and the Approved Code of Practice. The form allocates weightings to possible replies to the questions. These weightings are shown in brackets.

- Complete Parts 1-13 of the Assessment by writing the weighting for the reply in the appropriate box. Unless otherwise stated, choose only <u>one</u> reply for each question.
- Calculate the overall total for Parts 1-13 using the space provided on page 6 of the form.
 Once you have calculated your overall total refer to the table on page 7 to determine your first aid requirement.
- Consider whether it is necessary to have an additional provision of paediatric first aiders

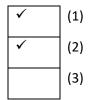
<u>PART 1</u>

What types of injury have been recorded in the past?

Injury

- a) Minor cuts and bruises; eye irritation.
- b) Lacerations; burns; concussion; serious sprains; minor fractures.
- c) Amputations; poisonings; major fractures; multiple injuries; fatalities.

(Choose one reply only)



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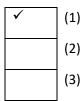
<u>PART 2</u>

What are the risks of injury arising from the work as identified in your risk assessments?

Category of Risk

- a) Trivial/Tolerable Risk
- b) Moderate/Substantial Risk
- c) Intolerable Risk

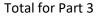




PART 3

Does your workplace contain any of the specific hazards listed below?

- a) Hazardous substances
- b) Dangerous tools
- c) Dangerous machinery
- d) Dangerous loads/animals



<u>PART 4</u>

Are there parts of your establishment where different levels of risk can be identified?

- a) Yes
- b) No

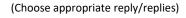
<u> PART 5</u>

Type of Work Undertaken

- a) Offices, libraries etc.
- b) Light engineering, warehousing etc.
- c) Construction, work with dangerous machinery, sharp instruments, etc.

Are there hazards for which additional first aid skills are necessary?

- a) Yes
- b) No

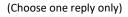


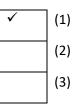




(Choose one reply only)







(Choose one reply only)



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<u>PART 6</u>

Are there inexperienced workers on site or employees with disabilities?

- a) Yes
- b) No

<u>PART 7</u>

Are there several buildings on site or multi-floor buildings?

- a) Yes
- b) No

(Choose one reply only)



(Choose one reply only)



<u>PART 8</u>

Is there shift work or out-of-hours working?

- a) Yes
- b) No

<u>PART 9</u>

Is the workplace remote from emergency medical services?

- a) Yes
- b) No

PART 10

Do you have employees at work sites occupied by other employees?

- a) Yes
- b) No

<u>PART 11</u>

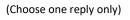
Do you have any work experience trainees?

- a) Yes
- b) No

PART 12

Do members of the public visit your premises?

a) Yes





(Choose one reply only)



(Choose one reply only)



(Choose one reply only)



(Choose one reply only)



b) No



PART 13

Do you have employees with reading or language difficulties?

- a) Yes
- b) No

(Choose one reply only)



<u>PART 14</u>

Do you have students with disabilities or special health care needs?

a)	Yes	✓	(2)
b)	No		(1)
PART	<u>`15</u>		
What is	the age range of your students?		
a)	11-18	✓	(3)
b)	11-16		(2)
c)	3-11 5-11 3-7 7-11		(1)
PART	<u>`16</u>		
What is	the Net Capacity of the school?		
a)	Under 100 places		(1)
b)	101 – 210 places		(2)
c)	211 – 420 places		(3)
d)	421 – 500 places		(4)
e)	501 – 1000 places	✓	(5)

f) Above 1000 places

(6)

TABLE A

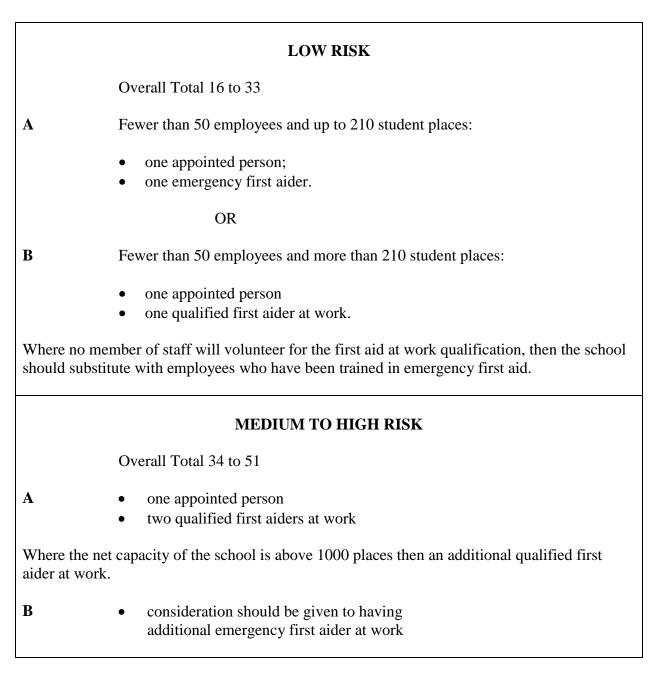
Now that you have completed the risk assessment, enter the totals for each part in the boxes below and calculate the overall total.

PART 1	3
PART 2	1
PART 3	6
PART 4	2
PART 5	2
PART 6	2
PART 7	2
PART 8	2
PART 9	1
PART 10	1
PART 11	2
PART 12	2
PART 13	1
PART 14	2
PART 15	3
PART 16	5
OVERALL TOTAL	37

Having obtained the overall total refer to Table B to determine the recommended level of first aid personnel.

TABLE B

Recommended First Aid Personnel



The above table is a recommended minimum level of provision.

The UTC must give additional consideration to the following factors when determining the level of provision:

a) the arrangements when a qualified first aider is not on site due to absence/training;

b) the design/layout of the site/premises is such that staff who are trained in emergency first aid should be available.